



*President's Message*

## The Two Most Important Words in PTA

by Jackie Wood

In the game of golf, you acknowledge every stroke you take with your golf clubs. You must think about every shot and figure out how it will improve your chances of getting a good score.

PTA is the same. You need to make sure all of your "strokes" count, because they do add up at the end of your "round" as a leader.

When speaking to a group of PTA leaders, I always make sure to tell them that the two most important words in PTA are "thank you." Every volunteer must be thanked ("stroked") for their spirit of giving, no matter how many hours they donated.

Volunteers need to know that their efforts made a difference and the job they did was greatly appreciated. Those "strokes" will definitely make a difference to your PTA team.

In golf, it only takes one good shot to make you feel good about returning to the course and to make you think about what you might accomplish the next time.

The same can be said for PTA. An appreciated volunteer is likely to come back to

help again, especially if he or she had fun while "playing with others."

That first-time volunteer, perhaps an English-learner or a working parent, could very well be a future PTA board member or leader.

Make sure to call everyone who signs your volunteer list and acknowledge their contribution when they participate in your PTA activities.

There is an old proverb that says, "Tell me and I'll forget; show me and I may remember; involve me and I'll understand." We need all members of our school communities to understand the true purpose of PTA and the importance of each person's involvement.

Give your volunteers a pat on the back and thank them. Celebrate your unit or council accomplishments and share them with your membership. Your reward may be an increase in membership as well as volunteers willing to "play on your course."

As a PTA leader, you have the power to improve your PTA scorecard.

Your "strokes" will add up. Make them count.

### Are you an incoming PTA officer or chairman?

Learn how to do the job right at the Fourth District PTA Spring Training Workshops on May 16.

Incoming officers who did not attend training at the California State PTA Convention **must attend** the workshops.

See pages 10 and 11 for registration information.

### Inside this issue:

Book Corner; 2007-09 Executive Board	2
PTA State Convention; Office move; Calendar	3
Council Corner; Imagination Celebration	4
More Leaves from OCDE; Sacramento Safari Report	5
Swimming Pool Safety; Health and Academics	6
Email Etiquette; Fourth District PTA Awards	7
Artículos en español	8-9
Workshop Registration	10-11
Fourth District PTA Reflections Winners	Back

### Fourth District PTA

**e-mail address:**  
fourthdistrictpta  
@sbcglobal.net

**website:**  
www.fourthdistrictpta.org

## Fourth District PTA

### President

Jackie Wood

### Vice President—Communications

MaryAnne Shults

### Orange Leaves Editor

Gisela Meier

### Orange Leaves Distribution

Sheli Easton

©2006, Fourth District, Orange County, California Congress of Parents, Teachers and Students, Inc.

Contents may be reproduced for private, non-commercial use only, provided credit is given to:

“Orange Leaves, Fourth District PTA, CCPTS.”

Orange Leaves is published nine times per year.

Annual subscriptions are \$7.00.

Fourth District PTA is comprised of 21 councils in Orange County and over 400 unit PTAs.

Our office is located at  
1833 E. 17th St., Suite 309  
Santa Ana, California

### Administrative Assistant

Karin Mowrey

### Data Administrator

Leticia Keeling

### Office hours

Monday through Thursday

9:30 a.m. to 2:00 p.m.

*Closed Fridays and all school holidays.*

### Office phone number

714-835-0805

### FAX number

714-835-2805

### E-mail address

fourthdistrictpta@sbcglobal.net

### Website

fourthdistrictpta.org

# The Book Corner

By Tuly Huntington, Fourth District PTA Reading Chair



Some of the most enriching relationships for children are the ones they have with their grandparents. Many children are being raised by these wonderful people. Here are some lovely books that help children be more empathetic and understanding of their grandparents.

📖 *Little Mama Forgets*, by Robin Cruise, illustrated by Stacey Dressen-McQueen (Kindergarten - Grade 3). In this bittersweet story, Lucy tells about her grandmother, Little Mama, who forgets many things. Lucy is able to look on the bright side and realize that her grandmother is still joyously involved in daily life. The illustrations are a perfect accompaniment.

📖 *Super Grandpa*, by David M. Schwartz, illustrated by Bert Dodson (Kindergarten - Grade 3). This picture book tells the true story of Gustav Hakansson, a 66-year-old grandfather who rode his bicycle more than a thousand miles in the Tour of Sweden and finished first.

📖 *Circle Unbroken*, by Margot Theis Raven, illustrated by E. B. Lewis (Preschool - Grade 3). A child learns from her grandmother how to make a sweet grass Gullah basket, a craft that her ancestors brought with them from West Africa to South Carolina and Georgia. Accompanied by Lewis' illustrations, this story shows how traditions and values are passed down from one generation to the next

---

## Fourth District PTA 2007-2009 Officers

The following officers for the next two-year term were elected at the March 29 general meeting:

<b>President:</b>	Patty Christiansen
<b>Executive Vice President:</b>	Patty Jordan
<b>First Vice President, Programs:</b>	Meg Cutuli
<b>Second Vice President, Advocacy:</b>	Celia Jaffe
<b>Third Vice President, Education:</b>	Maureen Christensen
<b>Fourth Vice President, Parent and Community Issues :</b>	Kim Henderson
<b>Fifth Vice President, Communications:</b>	Gisela Meier
<b>Sixth Vice President, Convention:</b>	Karen Schroeder
<b>Secretary:</b>	Ellen Carroll
<b>Treasurer:</b>	Shereen Walter
<b>Financial Secretary:</b>	Cyndee Ely
<b>Auditor:</b>	Jill Money

Congratulations to the new Fourth District PTA Executive Board!

# Convention, Here We Come!

By Meg Cutuli, Fourth District PTA Vice President, Convention

The excitement is running high and delegates are getting ready to go to the California State PTA Convention, where they will improve their leadership skills, learn about issues affecting children, and vote on resolutions that will help steer the course for the State PTA.

As delegates, it is your responsibility to participate fully in the convention and return to your unit or council with a report on what you have learned. I always find convention to be empowering. When you see thousands of other people dedicated to helping children succeed, you can't help but become energized! You should bring this renewed enthusiasm back to your unit or council!

While you're at convention, be sure to stop by the Fourth District PTA booth in the Exhibit Hall. We would love to see you all!

Our Fourth District convention dinner is a great opportunity to network and build the strength of Orange County PTAs. And since we know that the dinner does not provide enough time to solve all the issues concerning children, we will open our hospitality suite on May 3 and 5, from 8 p.m. to 11 p.m. Please come by! The suite number will be posted in our Exhibit Hall booth.

When you are packing for convention, please remember to bring your **confirmation letter**, your **PTA membership card** and any necessary **release forms**.

See you at convention!

# Fourth District PTA is Moving

By Patty Christiansen, Fourth District PTA Executive Vice President

After more than 20 years at our current location, the Fourth District PTA office will be moving!

Last year, the Fourth District PTA Office committee decided to consider an office move. Before our office team began the new office search, we listed our priorities:

- Adequate space, larger than our current office.
- Adequate parking.
- A safe location, where night meetings could be held.
- Upgraded facilities, with storage space, a private bathroom and a kitchen area.
- Freeway close and centrally located in the county.

With the help and dedication of our committee members, we began a property search in January, 2007. We have weighed the options of leasing versus buying. Currently, we are hoping to purchase a property.

Many thanks to awesome office committee members who have hung in there during this wild ride: Lindell Belote, Maureen Christensen, Karen Gibo, Shelia Henness, Patty Jordan, Julie Redmond, Karen Schroeder, and Jackie Wood.

It has been an interesting (at times trying) and educational experience for us! We appreciate those who have encouraged us and supported our efforts. We hope to have information about our new location in the June issue of *Orange Leaves*. Stay tuned!

## Fourth District PTA Calendar

### May

1	Due: <i>Council Historian Reports</i>
3-6	California State PTA Convention Sacramento
16	Spring Training Workshops
22	Council Presidents Roundtable 9:30 a.m., 4th Dist. Office
24	Executive Committee Meeting 9:30 a.m., 4th Dist. Office
28	Memorial Day, 4th Dist. Office closed

### June

7	Council Presidents Roundtable 9 a.m., General Meeting 10 a.m., Luncheon 12 noon
28	4th Dist. Office closes for summer, reopens Aug. 1

June 29—July 1  
National PTA Convention  
St. Louis, Missouri

**The next time you think your vote doesn't count, remember the 2007 election for Orange County Supervisor, which was decided by**

**3**

**votes!**



## Council Corner



### Orange Community Council

The Orange Community Council (OCC) and our 29 PTA units within the Orange Unified School District (OUSD) have two new efforts we're excited about!

The first involves a special school in our district. Incorrectly assumed to be where the "bad" kids go, Richland Continuation High School offers an alternative environment for students who can benefit from a smaller student population and a more individualized program, for a short time or for the balance of their high school education. Varied periods of student attendance make it difficult to form a parent group at the school, so OCC has become Richland's PTA. In April, we introduced ourselves at a Teacher and Staff Appreciation Lunch. We are working with Richland's principal to identify ways OCC can serve the students, parents and staff, and we hope to create an avenue for increased parent involvement.

The second effort is the result of a local tragedy. The death of an OUSD high school student, caused by an over-the-counter medication, broke our hearts and shocked us into action. We are working to prevent another death due to the ignorance of parents about the new substances and paraphernalia used by children today. We are actively engaged in providing current, succinct and applicable information with several goals in mind:

- To arm parents with an accurate understanding of substance abuse.
- To prepare parents to recognize the need for intervention.
- To provide resources to enable parents to act immediately, if necessary.

- To regularly provide parent education opportunities.
- To offer a menu of parent education topics and speakers for events at school sites.
- To encourage each other to do all we can to protect all children; to research and learn, in order to provide quality information to others.
- To continually provide updated information.
- To add to this list as needed.

Helen Keller said, "I am only one. I cannot do everything, but still I can do something; and because I cannot do everything, I will not refuse to do something that I can do."

We can't solve the problem, but we can do what we can do.

Christina Bayles  
President

### Tustin PTA Council

Hello to all from Tustin PTA Council. Our council is composed of seven units. Five are at the elementary school level, and two are at the middle school level. Our council was established in 1995, and currently has about 2,200 PTA members.

Our school district serves children in the cities of Santa Ana, Tustin, and Irvine. Since it is close to the Tustin Marine Base, the district continues to experience growth, and a few more schools are scheduled to open in the near future. The district publishes a monthly newsletter, entitled *In Touch with TUSD*, which tells about events in our district and at individual schools.

I am very proud of all our units and their dedication to our children. This year, they have presented some outstanding parent programs on topics such as high school survival, MySpace, and stranger danger. We have offered training sessions on bylaws at the council level.

This year, the focus at the council level has been on education and problem solving. We do a lot of brainstorming at our meetings as each unit has a very different demographic, and what may work at one unit, may not work at another.

I have felt honored to work with such a dedicated group of individuals during these past two years, and I will miss them.

Charlotte Waggoner  
President



It's not too late to be part of the Imagination Celebration! Visual and performing arts events are happening in many Orange County cities through May 20. For more information, visit [www.OCimaginationCelebration.org](http://www.OCimaginationCelebration.org)

Fourth District PTA is a proud sponsor of this annual event. Look for our logo on event banners and festival posters.

~ Georgia Freedman-Harvey, Fourth District PTA Cultural Arts Chair

*Orange County Superintendent of Schools' Message*

## More Leaves From OCDE

*By William M. Habermehl*



The proverb, "It takes a village to raise a child" is well known and certainly applicable to our school system. Teachers, support staff, and administrators are all important members of Orange County schools and communities. They are our partners in raising our children and it is important for us to recognize their outstanding work making a difference in the lives of more than 500,000 school children each and every day!

An essential element to student success is the presence of passionate, intelligent, caring and committed teachers. Research has confirmed that the single most important factor impacting student achievement is the quality of the teacher. Teachers help to develop our kids – coaching, critiquing, and encouraging them. Teachers recognize special talents and identify areas where students need extra support. They help children learn, grow, and become contributing members of our society. Teachers influence hundreds, even thousands, of young lives in their careers. Teaching is one of the most rewarding, valued, and honored professions in our society.

Today, teachers face more challenges than ever before with the responsibilities of meeting state and federal accountability standards, and dealing with diverse student populations. This is why it is so important that we remember to acknowledge and thank teachers for their hard work. I invite you to honor the teachers in your schools

by thanking them verbally or writing them a personal note. We should encourage our children to do the same. It is critical that we let our teachers know how much we value their efforts and encourage them to continue their vital work.

Contributing to our students' success and well being is a team effort and we would be remiss if we did not acknowledge the unsung heroes of bus drivers, teacher aides, cooks, crossing guards, custodians, school secretaries, and all other support staff. These individuals work tirelessly to ensure our students have a safe, healthy, positive school environment. And let us not forget the administrators for their role in ensuring student success. They strive to promote the success of all students by advocating, nurturing and sustaining a school culture and instructional program conducive to student learning and staff professional development. So, the next time you encounter a staff member, I encourage you to thank them for all they do for our students.

It is the team effort by teachers, support staff, and administrators that fosters the outstanding education that children receive in Orange County. I hope you will join me in honoring these special individuals for the difference they make and their dedication to world class education, where every student succeeds!

---

## Fourth District PTA Takes 94 Parents to Sacramento

*By Barbara Paxton, Fourth District PTA Vice President, Legislation*

Fourth District PTA members, 94 strong, descended on Sacramento on March 13-14 for the district's annual Sacramento Safari. The group included large delegations from Huntington Union Council, Saddleback Valley Council and Irvine Council. Included in Irvine's group were 10 very involved high school students.

The group heard presentations from experts on a variety of topics, including the governor's proposed 2007-08 budget, reaction and responses to the budget proposal, school finance in California, special education and the newly released "adequacy studies" commissioned by the governor, speaker of the assembly, superintendent of public instruction and others.

Fourth District members met with members of Orange County's legislation delegation or their staff members to express PTA's concerns about the proposed budget's rebenching downward of Proposition 98, police interrogation of students at school without parent notifica-

tion, mid-year budget cuts to education, and PTA's interest in the many health coverage proposals. In addition, the legislators were thanked for their support of increased arts and physical education funding and equalization funding in last year's legislative session.

Sacramento Safari is one tool in Fourth District's advocacy arsenal. The 94 attendees have been encouraged to use the knowledge and contacts gained in Sacramento as stepping stones to continued advocacy on issues affecting children and families.

Fourth District PTA was excited that so many people dedicated this time to all children in California. As units and councils prepare their programs and budgets for the 2007-08 school year, it is hoped that advocacy will be a priority. Councils and units are encouraged to appoint legislation chairmen who are committed to attending Fourth District advocacy trainings, Roundtables and next year's Safari.

# Swimming Pool Safety

By Lindell Belote, Fourth District PTA Vice President, Community Concerns

Each year, about 250 children under the age of five drown in swimming pools. The speed with which these drownings occur is a special concern, as is the fact that they are often silent deaths with no splashing or screaming to alert a parent or caregiver that a child is in trouble.

As the month of May is designated as Drowning Prevention Month, the following message to prevent swimming pool drowning is timely. Layers of protection are essential. Place barriers completely around the pool, closely supervise young children, and be prepared in case of an emergency.

In addition:

- If a child is missing, always look first in the pool. Seconds count!
- Knowing how to swim doesn't make a child



drown-proof. Never use flotation devices as a substitute for supervision.

- Keep rescue equipment and a phone next to the pool.
- Learn cardiopulmonary resuscitation (CPR).
- Install physical barriers around the pool to limit access. (Fences, gates, etc.)
- If your house forms one side of the barrier for the pool, doors leading from the house to the pool should be protected with alarms that sound when the doors are unexpectedly opened.
- For above-ground pools, steps and ladders to the pool should be secure or removed when the pool is not in use.

Help protect your family, and enjoy your pool!

# Good Health is Connected to Academic Performance

By Karen Gibo, Fourth District PTA Vice President, Parent Involvement

Not so long ago, most parents insisted that their children eat a balanced breakfast before going to school, and most parents had time to serve it to them. Most children walked or rode their bikes to school. When children came home from school, they played outside. TV was limited to a few basic channels, and computers and electronic games were nonexistent.

Today, less than 25 percent of children get 30 minutes of any type of physical activity every day, and nearly 50 percent of high school students watch at least three hours of TV on an average school day. Only two percent of children consume the recommended number of servings from all five major food groups, and more than 80 percent consume too much saturated fat.

As most parents know, poor eating habits and lack of physical activity are the root causes of obesity and contribute to the increase in asthma, type 2 diabetes, depression, anxiety, low self-esteem, and eating disorders. But did you know that these factors also affect academic performance?

Studies have shown that being physically fit can lead to higher academic achievement. Evidence abounds to

support the notion that healthier kids learn better and have more positive experiences at school. Schools have the responsibility of providing standards-based physical education instruction, but families must collaborate with schools to help improve school health environments.

Here are a few ideas and beginning steps for parents to get involved:

- Educate yourself about your school's nutrition and physical activity policies.
- Coordinate parent education nights to inform others on these policies.
- Find out whether your child has physical education class every day.
- Be supportive of your school's effort to improve its nutrition and physical activity practices.
- Join your child in the cafeteria and eat a school lunch to see firsthand what healthy options are available.
- Help coordinate family events at your school using healthy activities and healthy rewards.
- Make a commitment to a healthy lifestyle in your own home.

# Use Etiquette When Sending Email Messages

By Patty Jordan , Fourth District PTA Vice President, Leadership

The ability to email messages has made communication much quicker and easier, but it has also led to new problems. To avoid misunderstanding and tension, it is important to think before you push the "send" button.

Here are some rules of email etiquette:

## Appropriate Email Etiquette

- Do try to think about the message content before you send it out.
- Do make sure that the content is relevant to the recipients and include a relevant "Subject" line. Nobody likes to receive junk email.
- Do be polite. Terseness can be easily misinterpreted.
- Do be patient, especially with inexperienced email users. Give people the benefit of the doubt — just because you are familiar with email etiquette, doesn't mean that they are.
- Do include a brief signature on your email messages to help the recipient understand who it is from, especially if you are dealing with someone you do not know very well.
- Do be careful when replying to mailing list messages, or to messages sent to many recipients. Are you sure you want to reply to the whole list?
- Do remember to tell people the format of any attachments you send if they're anything other than basic Microsoft Office file types.

- Do ask your correspondent if you may forward a message to somebody else to deal with. This way they know who to expect a reply from.

## Inappropriate Email Etiquette

- Don't reply to an email message when angry, as you may regret it later. Allow yourself time to think about the issue before you reply. Once the message has been sent, you will not be able to recover it.
- Don't forward personal emails. Read emails sent in response to your question and remove all personal information before forwarding. Sometimes it is best to read and then rewrite the information in a new email sent from you.
- Don't copy out an entire, long message just to add a line or two of text such as "I agree".
- Don't type in CAPITALS as this is considered to be SHOUTING.
- Don't send large attachments without checking with the recipient first.
- Don't criticize people's spelling; it is considered petty. Many people have no way of running a spell check on their messages and will make typos. Not all nationalities spell words in the same way.
- Don't conduct arguments in public, for example on a mailing list.
- Don't make personal remarks about third parties. Email messages can come back to haunt you.

Congratulations to our Fourth District PTA  
2007 Award Winners:

**Celia Jaffe**

Golden Orange Award

**Meg Cutuli**

Honorary Service Award

**Jackie Wood**

Continuing Service Award

**Mensaje de la Presidenta:****Cada golpe cuenta***Por Jackie Wood*

El juego de Golf es el de reconocer cada golpe que uno le da a la pelotita. Necesitamos reconocer cada golpe del juego y darnos la idea de que golpe nos va a dar la ventaja mayor para ganar puntos. PTA es igual. Usted tiene que asegurarse que todos los golpes cuentan, porque los puntos se van agregando al final del juego de liderazgo.

Cuando le hablamos a un grupo de líderes de PTA, necesitamos asegurarnos que la palabra más importante es "Gracias." Cada persona que se hace voluntario necesita escuchar la palabra "gracias," por todo lo que dan, no importa cuantas horas

han donado. Los voluntarios necesitan saber que el tiempo que ellos dan es muy apreciado. Esa clase de gratitud definitivamente ayuda al equipo.

Solamente nos toma un buen golpe en la cancha de golf que nos haga sentir bien y que nos haga pensar en lo que podríamos lograr la próxima vez que probemos. Lo mismo se puede decir de PTA. Un voluntario al cual se le agradece, es un voluntario que va a volver a ayudar otra vez, especialmente si el o ella se divirtió mientras que estaban ayudando.

El voluntario que ha venido por primera vez, o un papá o mamá que

trabaja, puede que sea un líder futuro. Asegúrese que llamen a todos los voluntarios que han puesto su nombre para ayudar, y reconozcan el tiempo que han dado como voluntarios en la actividad. Hay un proverbio que dice, "Dime y me olvidaré, muéstrame y quizá recuerde, envuélveme y entenderé." Necesitamos todos los miembros de la comunidad que entiendan el propósito del PTA y la importancia de cada persona que se hace voluntario.

Celebren las cosas que su unidad, o consejo han logrado y compártanlo con su membresía. Su premio puede que sea un crecimiento en membresía, tanto como más voluntarios que quieran ayudar en su equipo.

Como líder de PTA, usted tiene el poder de mejorar los puntos de su PTA. Sus puntos se agregarán, háganlos contar.

**La conexión de salud y funcionamiento***Por Karen Gibo, Vicepresidente de participación de Padres del 4º Distrito de PTA*

No hace mucho tiempo, la mayoría de los padres se aseguraban de que sus hijos comieran un desayuno nutritivo antes de ir a la escuela y la mayoría tenía tiempo de servirlo. Muchos niños caminaban o iban en bicicleta a la escuela. Cuando los niños regresaban jugaban afuera de la casa. La televisión estaba limitada a la transmisión de pocos canales y las computadoras y juegos de video no existían.

Hoy en día menos del 25% de niños tienen 30 minutos de actividad física diaria; cerca del 50% de los estudiantes de preparatoria ven televisión al menos 3 horas en promedio durante los días de escuela. Solo el 2% de niños comen las porciones recomendadas de los 5 grupos alimenticios y más del 80% consume demasiada comida saturada en grasa.

Como todos los padres saben,

malos hábitos de comida y la falta de actividad física causan obesidad y contribuyen a incrementar el asma, la diabetes, la depresión, la ansiedad, la baja autoestima y los desordenes alimenticios. Pero ¿sabía que todos estos factores también afectan el desarrollo académico de los niños?

Estudios han demostrado que el bienestar físico ayuda al éxito académico. La evidencia apoya la noción de que los niños sanos aprenden mejor y tienen experiencias positivas en la escuela. Las escuelas tienen la responsabilidad de proveer estándares basados en instrucción educativa, pero las familias deben colaborar con las escuelas para ayudar a mejorar el ambiente de salud en las mismas.

He aquí algunas ideas y pasos a seguir que los padres pueden usar para involucrarse:

- Infórmese sobre las políticas de nutrición y actividad física en la escuela.
- Coordine noches de educación para padres que informen de dichas políticas.
- Averigüe si su estudiante tiene clase de educación física a diario.
- Apoye los esfuerzos de la escuela para mejorar las prácticas de nutrición y de actividad física.
- Visite a su estudiante durante la hora de la comida y coma con él en la cafetería para que pueda ver que opciones nutritivas son ofrecidas en la escuela.
- Ayude a coordinar eventos en la escuela que promuevan actividades y recompensas saludables.

Comprométase a tener un estilo de vida saludable en su propia casa.

Translation courtesy of Laura Zuchovicki, 1-800-655-9409

## Visite al 4o Distrito de PTA durante la Convención Estatal

Por Meg Cutuli, Vicepresidenta de convención del 4º Distrito de PTA

El entusiasmo de los delegados de la convención estatal de PTA en Sacramento es grande; Ellos se deben preparar para mejorar sus habilidades de liderazgo y sus conocimientos sobre los asuntos que afectan a los niños además de votar en las resoluciones que ayudaran a dar dirección a la PTA estatal.

Como delegado, es su responsabilidad el participar plenamente y regresar a reportar a su unidad lo aprendido. Yo siempre he encontrado que las convenciones me llenan de energía. ¡Cuando uno ve a miles de personas dedicadas al éxito de los niños uno no puede evitar ser contagiado de energía! ¡Usted tiene que traer ese entusiasmo a su unidad!

Mientras usted esta en la convención, no se olvide de pasar a visitar la muestra de exhibición del 4º Distrito de PTA en la sala de exhibiciones. ¡Nos encantara verle por ahí! Nuestra cena del 4º Distrito de

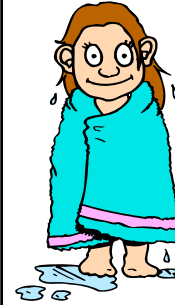
PTA el 4 de mayo será “el evento” de la convención. Esta es una oportunidad muy buena para conectarse y estrechar lazos entre las PTAS del condado de Orange. Y como sabemos que la cena no es suficiente para resolver los problemas que conciernen a los niños, mantendremos nuestra habitación de hospitalidad abierta el 3 y 5 de mayo de las 8 a las 11 de la noche. ¡Visítenos! El número de la habitación lo podrá obtener en la sala de exhibición.

Cuando empaque para la convención, por favor recuerde traer su **carta de confirmación, su credencial de PTA y cualquier formulario necesario.**

¡El comité del 4º Distrito de la convención de PTA le espera con los brazos abiertos! ¡Si tiene alguna pregunta, no dude en ir a nuestra muestra en la sala de exhibición donde le atenderemos con gusto!

## Seguridad para las albercas

Por Lindell Belote, Vicepresidenta de concernientes de la comunidad del 4º Distrito de PTA



Cada año, cerca de 250 niños menores de 5 años se ahogan en albercas. La velocidad con que estas tragedias ocurren es preocupante, así como también es el hecho de que estas muertes son silenciosas, sin gritos o ruidos que alerten a los padres o adultos que se encuentren cerca.

Como el mes de mayo ha sido designado “el mes de la prevención de niños ahogados en albercas”, el mensaje que a continuación otorgamos es muy oportuno. Las barreras de protección son esenciales. Ponga barreras alrededor de la alberca, supervise cuidadosamente a los niños pequeños y prepárese siempre para un caso de emergencia.

Además:

- Si no puede encontrar a un niño, debe buscar en la alberca primero ¡recuerde que cada segundo es de vida o muerte!
  - El hecho de que un niño sepa nadar no lo hace inmune al peligro. Nunca use flotadores como un sustituto de supervisión.
  - Mantenga equipo de rescate y un teléfono al alcance de la mano.
  - Aprenda resucitación cardiopulmonar (CPR por sus siglas en inglés).
  - Instale bardas y puertas que limiten el acceso a la alberca.
  - Si su casa forma parte de las barreras, las puertas que dan acceso a la alberca deberán ser protegidas con alarmas sonoras que notifiquen cuando son abiertas inesperadamente.
- En las albercas portátiles, escaleras y bancos con acceso a ellas deberán ser bloqueados cuando no haya adultos supervisando.

¡Ayude a proteger su familia y disfrute las albercas!

## La Oficina del 4º Distrito de PTA está lista para mudarse

Por Patty Christiansen, Vicepresidenta Ejecutiva del 4º Distrito de PTA

Después de más de 20 años en el mismo domicilio ¡la oficina del 4º Distrito de PTA se muda!

El año pasado, el comité del 4º Distrito de PTA considero mudar la oficina y para ello considero las siguientes prioridades:

- Espacio adecuado (más grande de la oficina actual).
- Espacios de estacionamiento múltiple.
- Un lugar seguro, en donde se puedan llevar a cabo juntas nocturnas.
- Oficinas modernas, con espacio para almacenaje, baño privado y cocineta.
- Localización central en el condado con cercanía a diferentes vías de acceso.

Con la ayuda y dedicación de los miembros del comité, empezamos la

búsqueda en enero de 2007. Miramos todos los puntos a favor y en contra. En este momento estamos evaluando la posibilidad de comprar una propiedad.

Muchas gracias al comité de oficina y sus miembros quienes han dedicado largas horas de su tiempo: Lindell Belote, Maureen Christensen, Karen Gibo, Shelia Henness, Patty Jordan, Julie Redmond, Karen Schroeder y Jackie Wood.

¡Ha sido una experiencia interesante y a veces difícil pero con gran valor de aprendizaje! Agradecemos a todos el apoyo a nuestro esfuerzo. ¡Esperamos reportar información sobre nuestra nueva dirección en el ejemplar de junio de *Orange Leaves*, no se lo pierda!



# Spring Training Workshops



Wednesday  
May 16

Vanguard University  
55 Fair Drive, Costa Mesa  
(Across the street from the Orange County Fairgrounds)

**Pre-Registration Fee: \$10 per person (No refunds)**  
**DEADLINE to pre-register: May 8**

The registration fee includes both sessions of the workshop.

**On-Site Registration: \$15 per person**  
*On site registrants risk handout shortages.*

Complete the form below and send to:

Fourth District PTA,  
1833 East 17<sup>th</sup> St., Suite 309  
Santa Ana, CA 92705  
*Attn: Workshop Registration*

**Morning Workshop:**

**Registration:** 8:30 a.m.  
**General session:** 9:00 – 9:10 a.m.  
**Session 1:** 9:15 – 10:30 a.m.  
**Session 2:** 10:45 – 12 noon

**Evening Workshop:**

**Registration:** 5:45 p.m.  
**General session:** 6:15 – 6:25 p.m.  
**Session 1:** 6:30 – 7:45 p.m.  
**Session 2:** 7:55 – 9:10 p.m.

**\* No childcare will be available. \***

**Use one registration form for each person. Please print clearly. Fill in all the blanks.**

**NAME:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **E-MAIL ADDRESS:** \_\_\_\_\_

**UNIT NAME:** \_\_\_\_\_ **COUNCIL NAME:** \_\_\_\_\_

**Please check the workshop you will attend:**     Morning Workshop     Evening Workshop

**Select one 2-session class: .....or..... Select two 1-session classes:**

- Presidential Basics**—How to Have a Successful PTA Year.
- Parliamentarian**—Bylaws and Nominating Committee
- Financial Procedures**—Treasurers, Financial Secretaries and Auditors ( With Break-out Session for Auditors)

**New Unit Presidents and Treasurers!**  
**You must receive training at**  
**Fourth District PTA Workshops or**  
**at the California State PTA Convention!**

- Session 1**
- Leadership Skills**—Board Building, Conflict Resolution and Resources
- Reflections**—Run a Successful Program at Your School
- Membership**—What is OMDR and How Does it Work?
- Secretary**—Keeping Accurate Minutes
- Session 2**
- The California PTA Toolkit**—Learn What's Inside
- Using Excel** (Morning session only)—Learn Spreadsheet Basics
- Fun, Food and Fundraising**—How New Health Laws Affect PTA Activities
- Internet Safety**—Keeping Our Children Safe

**Yes, I will need Spanish translation.** Translation will be available only in classes with at least five pre-registered Spanish speaking attendees.



# Talleres de entrenamiento de Primavera



Miércoles  
16 de mayo

Vanguard University  
55 Fair Drive, Costa Mesa  
(frente a los terrenos de la Feria de Orange County)

**Tarifa de PRE-registro:** \$10.00 por persona (No reembolsos) **FECHA límite de PRE-registro:** 8 de Mayo

**Registro en la puerta:** \$15.00 por persona  
*Las personas que así se registren corren el riesgo de no alcanzar paquetes de información.*

Por favor llene la forma y mándela a:

Fourth District PTA,  
1833 East 17<sup>th</sup> St., Suite 309  
Santa Ana, CA 92705  
**Attn: Workshop Registration**

**Taller matutino:**

**Registro:** 8:30 a.m.  
**Sesión General:** 9:00 – 9:10 a.m.  
**Sesión 1:** 9:15 – 10:30 a.m.  
**Sesión 2:** 10:45 – 12 p.m.

**Taller vespertino:**

**Registro:** 5:45 p.m.  
**Sesión General:** 6:15 – 6:25 p.m.  
**Sesión 1:** 6:30 – 7:45 p.m.  
**Sesión 2:** 7:55 – 9:10 p.m.

**\* No habrá servicio de guardería. \***

Use una forma de registro por persona. Por favor utilice letra clara y legible. Por favor llene los espacios en blanco.

NOMBRE: \_\_\_\_\_

TELEFONO: \_\_\_\_\_ DIRECCION DE CORREO ELECTRONICA: \_\_\_\_\_

NOMBRE DE LA UNIDAD: \_\_\_\_\_ NOMBRE DEL CONSEJO: \_\_\_\_\_

Por favor marque la clase a la que asistirá:  Taller Matutino  Taller Vespertino

Asistiré a una de 2 sesiones de talleres:.....Ó..... Asistiré a dos sesiones de un taller:

- Básicos Presidenciales**—Como tener un exitoso año de PTA
- Parlamentario**—Reglamentos y comité nominativo
- Procedimientos Financieros**— Tesoreros, Secretarios financieros y auditores (con sección solo para auditores)

**Sí, Necesitaré traductor al español.** El traductor solo se presentará sí hay 5 personas hispanohablantes PRE-registradas.

- Sesión 1**
- Liderazgo**—Formación del consejo directivo, resolución de conflictos y recursos
  - Reflexiones**—Un programa exitoso en su escuela
  - Membresía** — ¿Que es OMDR y como funciona?
  - Secretario**—Aprenda a escribir minutas
- Sesión 2**
- La Guía de la PTA de California**—Aprenda lo que contiene
  - Uso de Excel** (solo sesión matutina)— prenda lo básico del manejo de dicho programa
  - Diversión, comida y recaudación de fondos**— Como las nuevas leyes de salud afectan las actividades de PTA
  - Seguridad en la Internet**—Como mantener a nuestros hijos seguros

**¡Nuevos Presidentes y Tesoreros deberán recibir entrenamiento en el taller de entrenamiento del 4º. Distrito de PTA o en la convención de PTA de California!**

# Congratulations to Our Fourth District PTA California State Reflections Winners!

In this year's Reflection's contest, there were 13,703 entries from students throughout Orange County. Of these, 317 advanced to Fourth District PTA, which submitted 24 entries to California PTA.

Five students from Fourth District PTA won Awards of Excellence from California PTA. They will attend the California State PTA Convention, where

they will perform their music or have their art displayed, and their entries will be submitted to the National PTA Reflections contest.

In addition, five students from Fourth District PTA received Awards of Merit in the state Reflections competition. Their work will also be on display at the state convention.

.....

## California PTA Award of Excellence Winners

**Joanna Yam**, Music

Plaza Vista Elementary School, Irvine Council

**Sarah Sukari**, Music

Eastshore Elementary, Irvine Council

**Timothy Wu**, Music

University High School, Irvine Council

**Michael Jones**, Photography

Plaza Vista Elementary, Irvine Council

**Remo Abboud**, Visual Arts

DePortola Elementary, Saddleback Valley Council

## California PTA Award of Merit Winners

**Ryan Ortega**, Literature

Ball Junior High, Anaheim Secondary Council

**Evan Barraza**, Visual Arts

DePortola Elementary, Saddleback Valley Council

**Wesley Lin**, Visual Arts

Northwood High School, Irvine Council

**Brianna Fishel**, Dance Choreography

Smith Elementary, Huntington Union Council

**Brian Buchert**, Film/Video Production

Corona Del Mar High School, Harbor Council

Fourth District

**PTA**<sup>®</sup>

1833 East 17th St., #309  
Santa Ana, CA 92705-8629

Non-Profit Organization

U.S. Postage

PAID

Santa Ana, CA

PERMIT NO. 497

May  
2007