

Parent & Community Issues Roundtable

OBESITY PREVENTION:

What Schools & Parents Can Do to Build Stronger, Healthier, Smarter Kids

- *Learn how health and fitness can help academic performance*
- *Get connected to FREE health and fitness resources*
- *Learn about a School Wellness Plan for your school*

Presentation and discussion will be led by

**Chris Corliss, M.A., Health, Fitness and Physical Education Services
Orange County Department of Education**

**For Presidents, Parent Education and Health Committee Chairs
or anyone interested in Healthy Kids!**

Friday, November 20, 2009

9AM to 11AM

Orange County Department of Education

200 Kalmus Drive

Costa Mesa, CA

Directions at www.ocde.us

Space is limited. No children, please.

To reserve a seat, go to PanDCissues@fourthdistrictpta.org by Thursday, November 19th.